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Zen Jacket

designed by
Doris Chan



Technique used: Crochet



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YARN

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(75% Microdenier Acrylic/25% Bamboo);

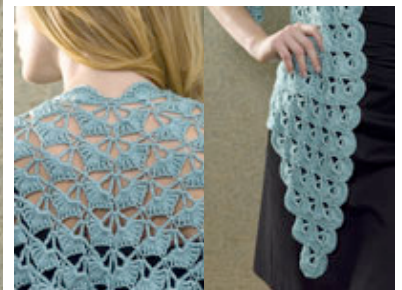
#0005 Ocean Spray, 16 (19, 23) oz

One size US I/9 (5.5 mm) crochet hook, or size to

obtain gauge

Stitch markers

Yarn needle



[click to enlarge](#)

[stitch diagram](#)



[Printer Friendly instructions](#)

SIZES

Small-Medium (S/M), Large-XLarge (L/XL), 2XLarge-3XLarge (2XL/3XL)

FINISHED MEASUREMENT

Bust 38 (46, 54)"

GAUGE

Using US size I/9 (5.5 mm) crochet hook, 14 Fsc = 4"/10 cm; one lace stitch pattern repeat and 4 pattern rows = 2 1/4" as crocheted, lace will grow slightly in length with blocking.

STITCHES USED

Chain (ch)

Single crochet (sc)

Slip stitch (slip st)

Treble crochet (tr)

Foundation single crochet (Fsc): Start with a slip knot, ch 2, insert hook in second ch from hook, yarn over and draw up a loop, yarn over and draw through one loop (the chain made); yarn over and draw through 2 loops (the sc made); *insert hook into the face of the previous chain and under the nub at the back of the chain, yarn over and draw up a loop, yarn over and draw through one loop (next chain made), yarn over and draw through 2 loops (the next sc made); repeat from * number of times needed for the length of foundation.

Adding stitches at end of a row with Fsc: Ch 1, insert hook into the front loop and left bar on side of the tr just made, yarn over and draw up a loop (chain made), yarn over and draw through one loop, yarn over and draw through 2 loops (sc made); repeat from * for number of sts needed.

FAN: Work 9 tr all in one space or stitch.

V: Work (tr, ch 1, tr) all in one space or stitch.

INC-V: Work (V, ch 3, V) all in one space or stitch.

Spike single crochet (SPsc): Insert hook in the required stitch two rows below (usually the middle tr of next fan); enclosing the ch-6 sp on previous row as you work, yarn over and pull up a loop, yarn over and pull through both loops on hook.

LACE STITCH PATTERN worked in rows (increases at fronts and center back)

PATT ROW 1: Ch 5, V in first tr (front increase made), ch 6, [V in next sc, ch 6] across to sc at center back corner, INC-V in corner sc, ch 6, [V in next sc, ch 6] across, ending with (V, ch 1, tr) in fourth ch of turning ch (front increase made), turn.

PATT ROW 2: Ch 4, skip first ch-1 sp, [FAN in next V, SPsc in middle tr of next fan 2 rows below] across to INC-V at center back; over corner, work [FAN in next V, sc in corner ch-3 sp, FAN in V], SPsc, [FAN in next V, SPsc in middle tr of next fan 2 rows below] across, working FAN in last V, tr in fourth ch of turning ch, turn.

LACE STITCH PATTERN worked in rounds (for sleeves)

PATT RND 1: Ch 1, skip beginning ch, sc in next tr, ch 3, [V in next sc, ch 6] around to last sc, V in last sc, ch 3, join with slip st in beginning sc, turn.

PATT RND 2: Ch 1, sc in first sc, [FAN in next V, SPsc in next fan] around to last V, FAN in last V, join with slip st in beginning sc, turn.

PATT RND 3: Ch 10 (counts as tr, ch 6), [V in next sc, ch 6] around, ending with tr in same sc as beginning, sc in fourth ch of beginning ch to complete beginning V, turn.

PATT RND 4: Ch 4, 3 tr in beginning sp, SPsc, [FAN in next V, SPsc in next fan] around, ending with 5 tr in same sp as beginning, join with slip st in top of beginning ch to complete beginning fan, turn.

NOTES

The Jacket is made from the neck down, seamlessly. The body is shaped like a diamond, with a slit left open at the front, with a point at each front and "corners" at center back and at top of each shoulder. Fronts will hang slightly longer than center back point.

JACKET BODY

Neck Foundation Row: With size US I/9 (5.5 mm, Fsc 33 (33, 49) times to measure 9 (9, 14)", turn.

Note: Increases are set at each front edge, at top of each shoulder and at center back. Mark the center of these increases and move markers up as you go.

For Sizes S/M (L/XL)

Row 1 (WS): Ch 5 (counts as tr and ch 1), V in first sc for front increase, *ch 6, skip next 7 sc, INC-V in next sc for shoulder corner, ch 6, skip next 7 sc*, INC-V in next sc for center back corner; repeat from * to *, [V, ch 1, tr] in last sc for front increase, turn.

Row 2 (RS): Ch 4 (counts as tr), skip first ch-1 sp, FAN in ch-1 sp of next V, *skip next 3 Fsc, SPsc in next Fsc; over next corner, work [FAN in ch-1 sp of next V, sc in next corner ch-3 sp, FAN in ch-1 sp of next V]*; repeat from * to * 2 more times, skip next 3 Fsc, SPsc in next Fsc, FAN in ch-1 sp of last V, tr in fourth ch of turning ch, turn—8 fans.

For Size 2XL/3XL

Row 1 (WS): Ch 5 (counts as tr and ch 1), V in first sc for front increase, *ch 6, skip next 5 sc, V in next sc, ch 6, skip next 5 sc, INC-V in next sc for corner*; repeat from * to * 3 more times, ending last repeat with [V, ch 1, tr] in last sc for front increase, turn.

Row 2 (RS): Ch 4 (counts as tr), skip first ch-1 sp, FAN in ch-1 sp of next V, *skip next 2 Fsc, SPsc in next Fsc, FAN in ch-1 sp of next V, skip next 2 Fsc, SPsc in next Fsc*; over next corner, work [FAN in V, sc in corner ch-3 sp, FAN in V]*; repeat from * to * 2 more times, then repeat from * to ** once, FAN in ch-1 sp of last V, tr in fourth ch of turning ch, turn—

12 fans.

For All Sizes

Row 3: Ch 5, V in first tr for front increase, ch 6, **[V in next sc, ch 6]* to sc at next corner, INC-V in corner sc, ch 6*; repeat from * to * 2 more times, *[V in next sc, ch 6]* across, ending with (V, ch 1, tr) in fourth ch of turning ch for front increase, turn.

Row 4: Ch 4, skip first ch-1 sp, **[FAN in next V, SPsc in fifth tr of next fan 2 rows below]* across to next corner INC-V; over corner, work *[FAN in V, sc in corner ch-3 sp, FAN in V, SPsc in next fan]**; repeat from * to * 2 more times, *[FAN in next V, SPsc in next fan]* across, working FAN in last V, tr in fourth ch of turning ch, turn—12 (12, 16) fans.

Rows 5–8 (5–10, 5–10): Repeat Rows 3–4 a total of 2 (3, 3) times—20 (24, 28) fans.

Shoulder Cap For All Sizes

Maintain increases as established at fronts and center back; increase more gradually at shoulder corners. Continue to move markers up as you work rows evenly across shoulder corners.

Row 1: Ch 5, V in first tr for front increase, ch 6, **[V in next sc, ch 6]* across to sc at next shoulder corner, (tr, ch 3, tr) in corner sc, ch 6*, *[V in next sc, ch 6]* across to sc at center back corner, INC-V in corner sc, ch 6*; repeat from * to * once, *[V in next sc, ch 6]* across, ending with (V, ch 1, tr) in fourth ch of turning ch for front increase, turn.

Row 2: Work as PATT ROW 2, making FAN in ch-3 sp at each shoulder corner—22 (26, 30) fans.

Row 3: Work as PATT ROW 1, working ch-6 even over shoulder corners.

Row 4: Work as PATT ROW 2, making SPsc even over shoulder corners—24 (28, 32) fans.

Row 5: Work as PATT ROW 1, making INC-V in sc at each shoulder corner.

Row 6: Ch 4, skip first ch-1 sp, **[FAN in next V, SPsc in next fan]* across to INC-V at next shoulder corner; over corner, work *[7 tr in V, sc in corner ch-3 sp, 7 tr in V]*, SPsc in next fan*, *[FAN in next V, SPsc in next fan]* across to INC-V at center back; over corner, work *[FAN in V, sc in corner ch-3 sp, FAN in V]*, SPsc; repeat from * to * once, *[FAN in next V, SPsc in next fan]* across, with FAN in last V, tr in fourth ch of turning ch, turn—28 (32, 36) fans.

Rows 7–10: Repeat Rows 1–4 once—32 (36, 40) fans.

Join Fronts And Back

Note: Maintain increases as established at fronts and center back. Join fronts and back with additional stitches at each underarm, leaving armholes unworked. Leave shoulder corner markers in place for sleeve shaping later.

Row 11 (join row): Ch 5, V in first tr for front increase, **[ch 6, V in next sc]* 5 (6, 7) times, Fsc 5 (13, 21) for underarm, skip next 6 fans, *[V in next sc, ch 6]* 5 (6, 7) times* to sc at center back corner, INC-V in corner sc; repeat from * to *, ending with (V, ch 1, tr) in fourth ch of turning ch for front increase, turn.

Row 12: Ch 4, skip first ch-1 sp, **[FAN in next V, SPsc in next fan]* across to V before underarm, FAN in next V, skip next 2 Fsc, sc in next sc, *[skip next 3 sc, FAN in next sc, skip next 3 sc, sc in next sc]* 0 (1, 2) times, skip remaining 2 sc*, *[FAN in next V, SPsc in next fan]* across to INC-V at center back; over corner, work *[FAN in next V, sc in corner ch-3 sp, FAN in next V]*, SPsc in next fan; repeat from * to * once, *[FAN in next V, SPsc in next fan]* across, ending with FAN in last V, tr in fourth ch of turning ch, turn—24 (30, 36) fans.

Rows 13–26: Work PATT ROWS 1–2 a total of 7 times—38 (44, 50) fans.

Do not turn or fasten off.

Front Edging

Work a row of Fans evenly spaced across front and neck edges of Jacket as follows:

With RS facing and working in ends of rows across right-hand front edge, FAN in first tr row, *[sc in next tr row, FAN in next tr row]* 16 (17, 17) times across to neck foundation, sc in first foundation ch, *[skip next 3 ch, FAN in next ch, skip next 3 ch, sc in next ch]* 4 (4, 6) times, sc in last foundation ch; working in ends of rows across left-hand edge, *[FAN in next tr row, sc in next tr row]* across left-hand, FAN in last tr row, slip st in top of beginning ch of Row 26; fasten off.

SLEEVES

Note: Maintain gradual increases at shoulder corner (now running down the outside of sleeve) to shape flare. Begin to add sleeves onto armhole, completing a round of V's across underarm chain.

With WS of one underarm facing, join with slip st in third (seventh, 11th) ch at center of underarm.

For Size S/M

Rnd 1 (WS): Ch 1, sc in same ch, skip remaining 2 ch, V in edge of V at end of tr row past underarm, ch 6, *[V in next sc, ch 6]* 2 times to sc at shoulder corner, INC-V in corner sc, ch 6, *[V in next sc, ch 6]* 2 times to underarm, V in edge of V at end of tr row before underarm, ch 3, skip next 2 ch, slip st in beginning sc, turn.

Rnd 2 (RS): Work as PATT RND 2, except over INC-V at corner work *[7 tr in V, sc in ch-3 sp, 7 tr in V]* —8 fans.

Rnd 3: Work as PATT RND 3, except at sc at corner work [tr, ch 3, tr].

Rnd 4: Work as PATT RND 4, making FAN in corner ch-3 sp.

Rnd 5: Work as PATT RND 1, working ch-6 even over corner.

Rnd 6: Work as PATT RND 2, working SPsc even over corner.

Rnd 7: Work as PATT RND 3, working INC-V in sc at corner.

Rnd 8: Work as PATT RND 4, except over INC-V at corner work [7 tr in V, sc in ch-3 sp, 7 tr in V] —9 fans.

Rnd 9: Work as PATT RND 1, except at sc at corner work [tr, ch 3, tr].

Rnd 10: Work as PATT RND 2, making FAN in corner ch-3 sp.

Rnd 11: Work as PATT RND 3, working ch-6 even over corner.

Rnd 12: Work as PATT RND 4, working SPsc even over corner, fasten off—9 fans.

For Size L/XL

Rnd 1 (WS): Ch 10 (counts as tr, ch 6), skip remaining 6 ch, V in edge of V at end of tr row past underarm, ch 6, [V in next sc, ch 6] 2 times to sc at shoulder corner, INC-V in corner sc, ch 6, [V in next sc, ch 6] 2 times to underarm, V in edge of V at end of tr row before underarm, ch 6, skip remaining 6 ch of underarm, tr in same ch as beg, sc in 4th ch of beginning ch to complete beginning V, turn.

Rnd 2 (RS): Work as PATT RND 4, except over INC-V at corner work [7 tr in V, sc in ch-3 sp, 7 tr in V] —9 fans.

Rnd 3: Work as PATT RND 1, except at sc at corner work [tr, ch 3, tr].

Rnd 4: Work as PATT RND 2, making FAN in corner ch-3 sp.

Rnd 5: Work as PATT RND 3, working ch-6 even over corner.

Rnd 6: Work as PATT RND 4, working SPsc even over corner.

Rnd 7: Work as PATT RND 1, working INC-V in sc at corner.

Rnd 8: Work as PATT RND 2, except over INC-V at corner work [7 tr in V, sc in ch-3 sp, 7 tr in V] —10 fans.

Rnd 9: Work as PATT RND 3, except at sc at corner work [tr, ch 3, tr].

Rnd 10: Work as PATT RND 4, making FAN in corner ch-3 sp.

Rnd 11: Work as PATT RND 1, working ch-6 even over corner.

Rnd 12: Work as PATT RND 2, working SPsc even over corner, fasten off—10 fans.

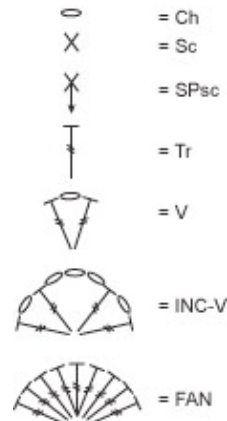
For Size 2XL/3XL

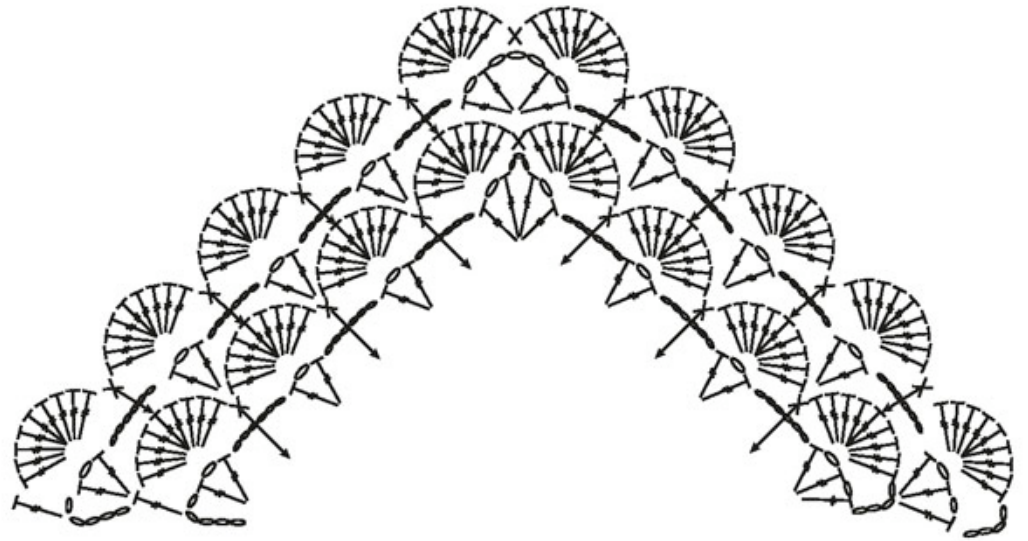
Rnd 1 (WS): Ch 1, sc in same ch, ch 3, skip next 3 ch, V in next ch, ch 6, skip remaining 6 ch, V in edge of V at end of tr row past underarm, ch 6, [V in next sc, ch 6] 2 times to sc at shoulder corner, INC-V in corner sc, ch 6, [V in next sc, ch 6] 2 times to underarm, V in edge of V at end of tr row before underarm, ch 6, skip next 6 ch, V in next ch, ch 3, skip remaining 3 ch, sl st in beginning sc, turn.

Rnds 2–12: Same as Size S/M Rnds 2–12 except with 2 additional repeats in each round—11 fans.

Repeat Sleeve around other armhole.

Weave ends, block Jacket.





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